



# PREDICTIONS are in ...

Just as envisioned, almost 3,600 Greater Redmond Transportation Management Association (GRTMA) member employees used a commute alternative to driving alone at least twice during the “Commute Options are in the Cards” campaign. These participants eliminated over 760,500 round-trip miles from our roads during the two-week campaign -- WOW! Great prizes were dealt to lucky winners who entered in the promotion. Thanks to all sponsors who donated to the event!



## Winners who saved a fortune on their commute!

**1st Prize:** Randy Sinclair (right), AT&T Wireless, will take a break from it all and escape to Willows Lodge and enjoy a “Do Not Disturb” package for 2. Includes: 1-night accommodations, continental breakfast in the Fireside Lounge, \$100 dining credit in the Barking Frog Restaurant and In-tub Dining – Courtesy of Willows Lodge.

**2nd Prize:** Sheldon Seigel, Microsoft Corporation, rides the bus to work and won 2-nights lodging at Natapoc Lodging in "Stuchin" the honeymoon log lodge in Leavenworth – Courtesy of Natapoc Lodging.

**3rd Prize:** Vidyadhar Kumbum, Microsoft Corporation, won a weekend for two at Rosario Resort & Spa – Courtesy of Rosario Resort & Spa. He rides the bus to work.

**4th Prize:** Doug Tutmarc, Microsoft Corporation, is a bus rider who won a 1-night stay at the Four Seasons Olympic Hotel – Courtesy of the Four Seasons Olympic Hotel.

## More Prizes Awarded by GRTMA:

Name/Company	Prize/Sponsor	Commute Mode
Timothy Benham/Microsoft	\$50 Certificate to Larry's Market/Avaya	Bus
Scott Sebelsky/Redmond Ridge	\$50 Molbak's Gift Card/CarrAmerica Realty Group	Carpool
Cathy Harris/Spacelabs Medical	99-Piece Tool Set w/4-Drawer Chest/Cascade Contractor Supply	Carpool
David Byther/Microsoft Corporation	\$50 Commuter Bonus Plus Voucher/City of Redmond	Carpool
Pam Nelson/Unigard Insurance	\$50 Commuter Bonus Plus Voucher/City of Redmond	Vanpool
Angie Johnson/Safeco	\$100 to Redmond Town Center/City of Redmond CTR Program	Vanpool
Jerry van Horn/Safeco	\$100 to Redmond Town Center/City of Redmond CTR Program	Vanpool
Mary Young/Safeco	\$50 Gift Card/Eddie Bauer, Inc.	Vanpool
Linda Green/City of Redmond	\$50 Gift Card/Eddie Bauer, Inc.	Carpool
Xia Yang/CarrAmerica Realty Group	Pair of Seattle Mariners Game Tickets/Golder Associates	Carpool
Mike McMahon/Medtronic Physio-Control	\$100 Gift Card to Nordstrom/Group Health Cooperative	Bike
Deanna Pennington/AT&T Wireless	\$50 Home Depot Gift Card/GVA Kidder Mathews	Vanpool
Patty Lasell/Unigard Insurance	\$50 Home Depot Gift Card/GVA Kidder Mathews	Vanpool
Trish McCradeen/Lake WA School District	\$25 Crate and Barrel Gift Card/Hart Properties	Bike
Diane Messing/Lake WA School District	\$50 Bellevue Square Certificate/Honeywell	Carpool
Emma Croston/Trendwest Resorts	\$50 Bellevue Square Certificate/Honeywell	Carpool
Clifton Stone/Medtronic Physio-Control	\$100 BON-macy's Card/Medtronic Physio-Control	Bus, Bike, Walk
Lisa Beyer/Spacelabs Medical	Money 2004/Microsoft Corporation	Carpool

**PRIZE WINNERS CONTINUED FROM PAGE 1**

Name/Company	Prize/Sponsor	Commute Mode
Stacey Schalk/Eddie Bauer, Inc.	Money 2004/Microsoft Corporation	Carpool
Suh Sa/Nintendo of America, Inc.	Picture It Digital Image Pro 9/Microsoft Corporation	Bus
David Rice/Avaya	Picture It Digital Image Pro 9/Microsoft Corporation	Wk @ Home
Nikki Beckett/Honeywell	Picture It Digital Image Pro 9/Microsoft Corporation	Carpool
Chris Geray/AT&T Wireless	Zoo Tycoon/Microsoft Corporation	Carpool
Gordon Goins/GVA Kidder Mathews	Zoo Tycoon/Microsoft Corporation	Bike
Galen Magendanz/Honeywell	Links 2003/Microsoft Corporation	Carpool
Sandy Korhuis/Eddie Bauer, Inc.	Links 2003/Microsoft Corporation	Carpool
Johan Almstedt/Eddie Bauer, Inc.	Flight Simulator 2004/Microsoft Corporation	Vanpool
Iman Schmait/Lake WA School District	Flight Simulator 2004/Microsoft Corporation	Carpool
Susan Morton/Eddie Bauer, Inc.	Flight Simulator 2004/Microsoft Corporation	CP, Bus, Walk
John Zeng/Spacelabs Medical	\$50 Borders Books, Music & Café Card/Millennium Business Park	Carpool
Lori Gagnon/Avaya	\$50 Bed, Bath & Beyond Gift Card/Millennium Business Park	Wk @ Home
Gary Pop/Redmond Town Center	Game Boy Advance SP/Nintendo of America, Inc.	Bus, Bike
Sandra Kirkpatrick/Nintendo of America, Inc.	\$50 Claim Jumper Restaurant Certificate/Overlake Christian Church	CP, C.W.W.
Bill Hart/Hart Properties	\$50 Home Depot Gift Card/Overlake Christian Church	CP, Bike, Wk @ Home
Charlyn Miller/Nintendo of America, Inc.	\$50 Certificate/Redmond Town Center	Carpool
Jennifer Moore/GVA Kidder Mathews	\$50 Certificate/Redmond Town Center	Carpool
Michael McIntyre/CP Management	\$50 Commuter Bonus Plus Voucher/SAFECO	Carpool
Nancy Zaretzke/CarrAmerica Realty Group	\$50 Red Robin Gift Card/Spacelabs Medical	Carpool
Roma Gray/Redmond Ridge	\$50 Red Robin Gift Card/Spacelabs Medical	Bus
Steve Gibson/Overlake Christian Church	\$50 Barnes & Noble Gift Card/Unigard Insurance	C.W.W.
Patrick Sweeney/SNC-Lavalin	\$50 Barnes & Noble Gift Card/Unigard Insurance	Vanpool
Kimberly Berger/Trendwest Resorts	\$25 Tully's Gift Card/Willows Commerce Park II & III	Carpool
Elaine Johannsen/CarrAmerica Realty Group	\$25 Tully's Gift Card/Willows Commerce Park II & III	Carpool
Anthony Barracca/SNC-Lavalin	\$25 Tully's Gift Card/Willows Commerce Park II & III	Vanpool
Dawn Grimes/SNC-Lavalin	\$25 Tully's Gift Card/Willows Commerce Park II & III	Vanpool
Larry Craven/Microsoft Corporation	1-Year Membership/AAA of Washington	Bus, C.W.W.
Reena Anderson/Unigard Insurance	Argosy Harbor Cruise for 2/Argosy Cruises	Carpool
Scott Mitchell/Safeco	Argosy Lake Cruise - Seattle for 2/Argosy Cruises	Carpool, Vanpool
Carl McCarthy/City of Redmond	Dinner for Two/Canyon's Restaurant	Carpool
Mark Flick/Microsoft Corporation	\$50 Bellevue Square Certificate/City of Bellevue	Walk
Kevin McGregor/Microsoft Corporation	\$50 Bellevue Square Certificate/City of Bellevue	Carpool
Drew Cassidy/City of Redmond	\$20 Gift Card/Cucina! Cucina! Inc.	Bike
David Monjay/Unigard Insurance	1-Night Stay for 2/Bellevue DoubleTree Hotel	VP, Bus, Bike, Walk
Sara Russell/Eddie Bauer, Inc.	Four Game Tickets/Everett AquaSox Baseball Club	Vanpool, Ferry
Tara Wood/Safeco	100 Pt. Playing Card/Family Fun Center & Bullwinkle's Restaurant	Carpool
William Newbold/City of Redmond	100 Pt. Playing Card/Family Fun Center & Bullwinkle's Restaurant	Carpool
Lily Kriehg/Avaya	(2) 2-hour Game Cards/GameWorks	Wk @ Home
Lee Ray Bragg/AT&T Wireless	(2) 2-hour Game Cards/GameWorks	Bus
Kevin Chapple/Honeywell	(2) 2-hour Game Cards/GameWorks	Vanpool
Marilo Amaya/Spacelabs Medical	(2) 2-hour Game Cards/GameWorks	Carpool
Beverly Haag/Unigard Insurance	2 Tickets to Mysterian Magic Show w/\$20 Game Card/Illusionz Magical Entertainment	Vanpool
Jill Vaslow/Nintendo of America, Inc.	2 Tickets to Mysterian Magic Show w/\$20 Game Card/Illusionz Magical Entertainment	Carpool
David Korrell/General Dynamics	2 Tickets to Mysterian Magic Show w/\$20 Game Card/Illusionz Magical Entertainment	Carpool
Erin Powers/Nelgroup Properties	2 Tickets to Mysterian Magic Show w/\$20 Game Card/Illusionz Magical Entertainment	Carpool
Greg Fisher/GVA Kidder Mathews	4 Tickets to Mysterian Magic Show/Illusionz Magical Entertainment	Bike
John Wiltshire/General Dynamics	1-Night Stay, Lunch & Hiking Sticks for Two/Lake Quinault Lodge	Vanpool
Bryan Thorn/AT&T Wireless	(2) Movie Passes/Loews Cineplex Entertainment	Bus
Amy Parker/Hart Properties	(2) Movie Passes/Loews Cineplex Entertainment	Wk @ Home, C.W.W.
Kelly Bauer/AT&T Wireless	(2) Movie Passes/Loews Cineplex Entertainment	Vanpool
Peggy Cyphers/Spacelabs Medical	(2) Movie Passes/Loews Cineplex Entertainment	Carpool
Todd Carmichael/CarrAmerica Realty	(2) Movie Passes/Loews Cineplex Entertainment	Bike
Jennifer Guzman/Avaya	\$25 Gift Card/Lowes Home Improvement Warehouse	Wk @ Home, Carpool
Bert Guenther/City of Redmond	\$50 Dinner for Two/Matt's Rotisserie & Oyster House	Walk
Brian Anderson/Medtronic Physio-Control	Mahogany Compass Clock/Port of Seattle	Bus, Bike, CP
Margene Michael/Lake WA School District	\$100 Gift Card/Redhook Ale Brewery, Inc.	Carpool
Michelle Thompson/Aerojet	Variable Speed Reciprocating Saw/Redmond Home Depot	Carpool
Biran Rigney/Nintendo of America, Inc.	Wine Lovers 1-Night Stay Package/Redmond Inn	Vanpool
Sarina Vaughn/Trendwest Resorts	NW Gift Basket/Redmond Larry's Market	Carpool
Johnathan Dahlgren/Honeywell	\$40 Gift Card/Redmond Tony Roma's Restaurant	Carpool
Jim Pham/Honeywell	Basic Bicycle Tune-Up/Redmond REI	Vanpool
Jennifer Klotz/Group Health Cooperative	1-Yr Family Membership/Seattle Aquarium Society	Carpool
Sharon Hanby/Trendwest Resorts	4 Admission Passes/Seattle Art Museum	Carpool
Marchia Fait/CarrAmerica Realty Group	Two Game Tickets/Seattle Mariners Baseball	Carpool
Janet Aranha/GVA Kidder Mathews	Two Game Tickets/Seattle Sonics	Carpool, Bus
Karl Mills/CP Management	Autographed Team Photo/Seattle Storm	Carpool
Kelly Gast/Redmond Town Center	1-Night Stay/Redmond Silver Cloud Inn	Carpool
Doris Baker/Aerojet	\$50 Gift Card/Starbucks Coffee	Vanpool
Forest Mazarec/Willows Commerce Park	\$50 Gift Card/Starbucks Coffee	Carpool
Roger Eastman/Avaya	3-Month Supply of Soda/Thomas Kemper Soda Company	Walk
Kayra Guevara/Trendwest Resorts	2 Waterways Sunset Dinner Cruise Tickets/Waterways Cruises & Events	Carpool
Cosmos King/CP Management	2 Waterways Sunset Dinner Cruise Tickets/Waterways Cruises & Events	Bus, Bike

**Congratulations to all winners and everyone who participated!**

# Bike It. You'll Like It.

**H**ave you tried riding a bike to work? It's a fun way to get in shape, save money on your commute and impress your co-workers with how ambitious you are even before you get to the office!

May 21st is WRQ's Bike to Work Day. Stop by any of the 37 commuter stations throughout King, Snohomish and Kitsap counties between 6:00 and 9:00 a.m. There will be FREE refreshments, water bottles, bicycle maps, prize drawings and much more! T-shirts will be available for \$10 at many locations.

**GRTMA will once again sponsor stations at:**

- 116th Street N.E. and Willows Road along the Sammamish Trail. Redmond REI will provide free bicycle maintenance and Starbucks Coffee will provide coffee!
- NE 51st Street and SR 520 Trail. Performance Bicycle Shop will provide complimentary bicycle maintenance.

Thanks Redmond Way QFC, Safeway, Larry's Market, Kirkland Costco and Cascade Bicycle Club for providing refreshments. Special recognition goes to Bella Bottega QFC for sponsoring 400 bottles of water to the event!



# So—You Like It? Try a Commuter Challenge!

Ride to work at least five times (round-trips) during Bike to Work Month, May 21 – June 19, and be eligible for more fun and prizes. Ride on May 21st and count that as your first ride. It's okay to ride the bus as part of your trip too. Become a Team Captain and receive a custom "Captains Only" shirt plus an invite to the Team Captains Bash. Log on to [www.cascade.org](http://www.cascade.org) for more information.

If you work for a Redmond employer, or your company is a GRTMA member, submit your "Bike to Work Day" entry electronically at [www.grtma.org](http://www.grtma.org) on May 21st or fill out the entry form below and return it to your Transportation Coordinator (TC - listed on Page 4). For more information or to receive an updated Redmond Bicycling Guide, call (425) 702-8001.

## "BIKE TO WORK" PRIZES LISTED ON PAGE 4

Please cut out coupon & return

Ride your Bike to Work on May 21st and be eligible to win prizes! Fill out this coupon and return to your TC by May 25th.

Name: \_\_\_\_\_

Employer: \_\_\_\_\_

Email: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Work Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

1st time commuting by bike? (Y/N) \_\_\_\_\_

One-way miles to work \_\_\_\_\_

(One entry per participant)

# LEADERS WHO SEE SOLUTIONS

Where others see problems, these leaders see solutions to our regions transportation issues. Commuter Challenge and the Economic Development Council of Seattle and King County recognized employers for their success in motivating their employees to use commute alternatives to driving alone. These leaders were selected from almost 600 King County worksites effected by the Commute Trip Reduction (CTR) law. In 2003, worksites that participated in the CTR program removed more than 19,000 vehicles off roads each day. Three Redmond employers received Diamond Awards for their outstanding programs.

**Gary Ford, Nintendo of America, Inc.**, Transportation Coordinator, received a Diamond Award for the outstanding effort he puts into Nintendo's program. He is so dedicated to using alternative modes that he sold his personal vehicle and uses transit, bicycles, carpools and FlexCar to get around. He treated himself to an all-inclusive trip to the French Alps with the money he saved by giving up his car! Gary is always looking into innovative programs to help employees at Nintendo.

**Worldmark** provides a unique combination of rideshare benefits to its employees. They receive points to "purchase" retail gift cards if they chose a different way to get to work than driving alone as well as a variety of other incentives. Worldmark's innovative program resulted in almost 100 new participants in eight months! Their success has resulted in 70% of employees using commute alternatives.

**Avaya** received a Diamond Award for their strong telework program with 64% of the workforce telecommuting on a regular basis. Power usage at the worksite has decreased significantly as a result of the high number of teleworkers. Management understands the importance of providing flexible schedules to meet employees' commuting needs.

Many other businesses in Redmond were recognized as "Pacesetter" businesses. Employers acknowledged were: ADIC, City of Redmond, Honeywell, Microsoft Corporation, Overlake Christian Church and SAFECO.



Nintendo of America, Inc.



Worldmark



Avaya



## VISION 2020 Award

R-TRIP and the partnership of the City of Redmond, King County Metro and GRTMA were recently awarded a prestigious VISION 2020 award from the Puget Sound Regional Council. R-TRIP uses both web and service-based tools to offer Redmond-bound commuters assistance and incentives related to trying and using alternatives to driving alone. The VISION 2020 Awards program is designed to recognize the outstanding work by public and private organizations in the Puget Sound to achieve our region's growth and transportation strategy.

For more information call 425.702.8001 x202.

## GRTMA Transportation Coordinators (TC)

Aerojet  
Jan Prachar, (425) 885-5000 x5236

AT&T Wireless Services  
Greg Maxwell, (206) 389-5323

Avaya  
Mark Peterson, (425) 558-8569

CarrAmerica Realty Corp.  
Susan Wells, (425) 558-2245

CB Richard Ellis  
Trish Venable, (425) 881-5975

City of Redmond  
Kim Danner, (425) 556-2422

CP Management, Inc.  
Cindi Gyselink, (425) 702-8001

Eddie Bauer, Inc.  
Lynne Holtgrewe, (425) 755-8092

General Dynamics  
Gayle Keenan, (425) 895-4315

Group Health Cooperative  
Nancy Horner, (425) 883-5095

GVA Kidder Matthews  
Cindi Gyselink, (425) 702-8001

Hart Properties  
Amy Parker, (425) 556-9100

Honeywell  
Cindi Gyselink, (425) 702-8001

Lk Washington School District  
Janet Harrington, (425) 702-3300

Medtronic Physio-Control  
Debbie Stanton, (425) 867-4220

Microsoft Corporation  
Email – "commute"

Millennium Corporate Park  
Cindi Gyselink, (425) 702-8001

Nelgroup Properties, LLC  
Cindi Gyselink, (425) 702-8001

Nintendo of America, Inc.  
Gary Ford, (425) 861-2159

Overlake Christian Church  
Barb Graef, (425) 702-0303

Redmond Ridge Owners Association  
Pat Weber, (425) 836-1062

Redmond Town Center  
Mona King, (425) 867-0808

Safeco  
Brady Clark, (206) 925-0968

SNC-Lavalin  
Mike Manderscheid, (425) 896-3731

Spacelabs Medical, Inc.  
Krista Lewis (425) 657-7200 x5406

Trendwest Resorts, Inc.  
Kayra Guevara, (425) 498-2905

Unigard Insurance Company  
Sharon Mitchel, (425) 945-5367

United Parcel Service  
Rebecca Slankard, (425) 882-4115

Village at Overlake Station  
Brenda Meyer, (425) 746-3338

Willows Commerce Park  
Cindi Gyselink, (425) 702-8001



## COMMUTER INFORMATION

KC Metro Automated Bus Schedules (206) BUS-TIME

Community Transit Customer Information (425) 353-7433

Sound Transit Customer Service (888) 889-6368

**Bicycle Information:**  
Cascade Bicycle Club (206) 522-BIKE

Bicycle Alliance of Washington (206) 224-9252

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GRTMA welcomes all your questions and comments.  
Call 425.702.8001 x204 or email [lmcwhorter@grtma.org](mailto:lmcwhorter@grtma.org)

# Bike to Work & Win!

(continued from page 3)

## Prize and Sponsor:

\$100 REI Gift Card/Medtronic Physio-Control  
\$25 Gift Certificate/Athletic Supply Company  
(4) \$50 Redmond Town Center Certificates/Bentall Capital  
(2) \$50 REI Gift Cards/City of Redmond  
\$25 Gift Card/Claim Jumper Restaurant  
(2) \$20 Certificates/Coho Café  
(2) \$50 American Express Gift Cards/SNC-Lavalin  
\$25 Certificate/Frankies Pizza & Pasta Restaurant  
\$25 Sam Goody Gift Card/Hart Properties  
(2) \$45 Certificates/Outback Steakhouse  
\$25 to Target Greatland/Overlake Christian Church  
(2) Adult Bicycle Helmets/Performance Bicycle  
(3) \$75 Bicycle Tune-Ups/Performance Bicycle  
(3) \$25 Gift Cards/Redmond Cycle  
\$135 Bicycle Overhaul/Redmond REI  
\$95 Performance Tune-Up/Redmond REI  
(2) \$60 Bike Tune-Ups/Redmond REI  
(4) \$20 Quick Tune-Ups/Redmond REI  
(2) Dinners for 2/Redmond Red Robin  
(2) \$10 Gift Certificates/Redmond Subway  
(2) \$50 Gift Certificates/Redmond Town Center  
\$50 Commuter Bonus Plus Voucher/Safeco  
\$25 Gift Card/Target Greatland  
\$50 Sports Authority Gift Card/Unigard Insurance  
1 lb. House Blend Coffee/Bella Bottega Tully's Coffee



## Rally Takes Over Transit Center

GRTMA and Cascade Bicycle Club will host the Eastside's first Bicycle Rally. Stop by between 4:00 and 7:00 p.m. at the 40th Street Transit Center in Redmond. **Enter to win an \$800 REI Novara Bike!** (Courtesy of Microsoft and REI). The event includes a live Salsa/Latin Jazz band, "Cambalache," refreshments, prizes, free bicycle helmets, bike tune-ups and much more! This is a one-of-a-kind event you don't want to miss!

## The Cards are Stacked with Alternatives!



Carpool, vanpool bus or walk, there's so many options – let's talk! Stop by your employer transportation event to find out more.

